



Booklet notes on "Wise Man and the Ballerina"

A Rob Mullins Fine Art Project of

SOLO PIANO IMPROVISATIONS

Rob Mullins album released Feb 10, 2023

From Rob: During December and January while doing non music related things, I felt that wonderful cosmic

prompt come and tap me on the shoulder and tell me to go to the piano. As a composer, over the years I have learned to not deny this feeling lest I prevent something lovely from happening. I have no idea exactly where this creative urge comes from, but I've felt it several times over the years and ended up at the piano just *letting it happen*.

I sat down with no particular goal or genre in mind. I just wanted to let the music flow and go wherever it wished.

As I began playing, many images came into my mind's eye. Ballet dancers doing their latest moves, ostinato bass drones, glimpses of the wise elders who have guided me, many cultures, dreams, meditation, so many visuals. So much.

When I finished all the recording I was surprised at how the passage of time had been skewed while playing. I did an 11 minute song, yet it passed in the blink of an eye.

Time and space, conscious and unconsciousness blended into a serene state of being.

Oneness.

After I finished all the processing and made the album cover, I reached out to a close circle of friends who are all in the arts and sent them secret links to this new project **"Wise Man and the Ballerina."**

Here are their comments:

"I have had this on repeat in my painting studio all day. I can paint to this."- fine arts painter

"I must confess that this music took me to another state of consciousness and I was out like a light time traveling by track 3. When I woke up I was totally refreshed."-Venice Beach musician

"A total inspiration for many types of choreography and dance."-european ballet artist

"Healing energy is in abundance in this music. Thanks Rob."-fortuneteller in Florida

"Perfect for my yoga class."-Venice yoga/dance instructor

"This music sounds amazing."-Buddhist musician and friend

So there you have the inside info on "Wise Man and the Ballerina." The beauty of instrumental music is that it creates something different in each person who listens and brings their being its own individual interpretation. I hope this music takes you on a positive journey and you come away renewed and refreshed through the power of songs without words.

All the best,

Rob Mullins

2/10/23

ALBUM INFORMATION

Recorded	Jan 18, 2023
Released	Feb 10, 2023
Producer	Rob Mullins
UPC Code	197188031374
Format	Digital only
Type	LP Full Length
Catalog no.	RME-DAR-01-2023
Label	RME

Track Listing

01	Dancer's Dream	11:18
02	Waiting	08:50
03	Wise Man and the Ballerina	10:58
04	Race to Blue Andante	08:21
05	Goodbye Sun	05:19
06	Agua Fresca	04:39
07	Longing	08:07
08	Till the End	07:47

Total time:	1:05:23
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Genres	New Age, Solo Instrumental
Cover Art	Rob Mullins
PRO	BMI-US
Master Rights	Rob Mullins

All songs composed by Rob Mullins for Rob Mullins

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Streaming Links

Apple Music <https://music.apple.com/us/album/wise-man-and-the-ballerina/1670758879>

Spotify <https://open.spotify.com/album/3OCKIDLM9dk2RS5nUy7CZZ>

Amazon <https://www.amazon.com/music/player/artists/B000RZBXPE/rob-mullins>

Tidal <https://tidal.com/browse/album/275818755>

Main Website <https://planetmullins.com>